

CHRISTMAS OPENING HOURS:

KWINANA
RECQUATIC



SATURDAY 24 DECEMBER CENTRE OPENING HOURS 7.45AM TO 5PM

GROUP FITNESS CLASSES	Aqua Fit	9.15am to 10.15am	BoxFit	9.30am to 10.30am
HYDROTHERAPY POOL	1pm to 2pm		CRECHE	As normal

SUNDAY 25 DECEMBER CLOSED

MONDAY 26 DECEMBER CLOSED

TUESDAY 27 DECEMBER CENTRE OPENING HOURS 9AM TO 5PM

GROUP FITNESS CLASSES	BoxFit	9.15am to 10.15am		
HYDROTHERAPY POOL	1pm to 2pm		CRECHE	CLOSED

WEDNESDAY 28 DECEMBER CENTRE OPENING HOURS 5.30AM TO 5PM

GROUP FITNESS CLASSES	Strength & Conditioning	6am to 7am	Aqua Fit	9.15am to 10.15am
	Revitalise Aqua	7.30am to 8.30am	Power Hr	9.30am to 10.30am
	Body Pump	9am to 9.30am	Body Balance	9.30 am to 10.30am
HYDROTHERAPY POOL	1pm to 2pm		CRECHE	8.40am to 12.30pm

THURSDAY 29 DECEMBER CENTRE OPENING HOURS 5.30AM TO 5PM

GROUP FITNESS CLASSES	Metcon	6am to 7am	Spin	9am to 9.30am
	Aqua Ai Chi	7.30am to 8.30am	BoxFit	9.30am to 10.30am
	Bloom	8am to 9am		
HYDROTHERAPY POOL	1pm to 2pm		CRECHE	8.40am to 12.30pm

FRIDAY 30 DECEMBER CENTRE OPENING HOURS 5.30AM TO 5PM

GROUP FITNESS CLASSES	Strength & Conditioning	6am to 7am	Aqua Fit	9.15am to 10.15am
	Revitalise Aqua	7.30am to 8.30am	Functional Friday	9.30am to 10.30am
	Metcon	9am to 9.30am		
HYDROTHERAPY POOL	1pm to 2pm		CRECHE	8.40am to 12.30pm

SATURDAY 31 DECEMBER CENTRE OPENING HOURS 7.45AM TO 5PM

GROUP FITNESS CLASSES	Aqua Fit	9.15am to 10.15am	Super Saturday	9.30am to 10.30am
HYDROTHERAPY POOL	1pm to 2pm		CRECHE	As normal

SUNDAY 1 JANUARY CLOSED

MONDAY 2 JANUARY CENTRE OPENING HOURS 9AM TO 5PM

GROUP FITNESS CLASSES	Aqua Fit	9.15am to 10.15am	BoxFit	9.30am to 10.30am
HYDROTHERAPY POOL	1pm to 2pm		CRECHE	CLOSED